



**Allergens**

**Starters**

Wheat Milk Celery	<b>Soup of the Day</b> served with homemade soda bread	€5.00
Fish Milk Celery Wheat	<b>Valentia Harbour Seafood Chowder</b> served with homemade soda bread	€7.00
Wheat Crustaceans	<b>Prawns Pil Pil</b> panfried in Olive oil with garlic & chilli served with homemade soda bread	€12.90
Wheat Crustaceans Milk	<b>Crayfish &amp; Rocket Cocktail</b> with horseradish infused marie rose sauce	€11.50
Wheat Eggs Milk Mustard	<b>Goats Cheese &amp; Tomato Tart</b> served with rocket salad	€8.90
Wheat Crustaceans Milk Mustard	<b>Knightstown Crab Claws</b> panfried in garlic butter served with homemade soda bread	€14.50
Nuts Mustard	<b>Shredded Confit Duck Salad</b> with rocket , cherry tomato, red onion, toasted cashew nuts & plum vinaigrette	€11.90

# Mains

Wheat Fish Milk	<b>The Royal Fresh Fish &amp; Chips</b>	€15.50
	in a light crispy beer batter served with hand cut chips, mushy peas & homemade tartar sauce	
Fish Milk Mustard	<b>Baked Salmon Supreme</b>	€17.50
	served with creamed mash, mixed vegetables and homemade cream dill sauce	
Fish Milk Mustard	<b>Pan-Seared Fresh Fillet</b>	€16.50
	served with pea puree, creamed mash, mixed vegetables & homemade cream dill sauce	
Wheat Milk	<b>Thai Yellow Curry with Pineapple</b>	€12.50
	served with saffron rice & poppadoms	
Wheat Milk	<b>Add Chicken</b>	€14.50
Wheat Milk Crustaceans	<b>Add Prawns</b>	€16.50
Wheat Milk Sulphur Molluscs	<b>Mussels</b>	€16.50
	infused with ginger, garlic & shallots in a white wine reduction served with homemade soda bread	
Milk Sulphur	<b>Panfried Lamb Cutlets</b>	€18.00
	served with creamed mash, mixed vegetables and a homemade red wine gravy	
Milk	<b>100% 10oz Irish Sirloin Steak</b>	€24.90
	cooked to your liking served with sautéed onions & mushrooms, baked potato & garlic or peppercorn sauce	
Crustaceans	<b>Surf &amp; Turf</b>	€29.00
Wheat Milk Mustard	<b>Gourmet Cajun Lamb Burger</b>	€14.90
	100% Irish ground lamb patty with cajun spices in a toasted brioche onion bun piri piri lime mayo served with chips & salad	
Wheat Eggs Milk	<b>Pasta of the Day</b>	€12.90
	with parmesan cheese & garlic crostini	
Milk Sulphur	<b>Pan-Roasted Lemon &amp; Thyme Chicken Supreme</b>	€14.50
	served with creamed mash, mixed vegetables & homemade cream tarragon sauce	